Family Medicine Procedure list*

ORTHO

- **Casting** and Unna boot placement
- Dislocation reduction techniques
- Initial management of traumatic amputation
- **Joint aspiration** – shoulder, knee
- **Joint injection** – shoulder, knee, sacroiliac joint, hip bursa
- Observe compartment pressure testing
- Spine immobilization and traction techniques
- Splinting
- Trigger point injections

GENERAL MEDICINE and PEDS

- ACLS including cardioversion, **defibrillation**, external temporary pacemaker application, electrocardiogram interpretation and obtaining vascular access
- Arterial puncture and observe catheterization, ABG collection
- ATLS – including tube thoracostomy, needle decompression, paracentesis, arterial blood gas, central venous access via jugular, subclavian and femoral veins
- Attend a hospice visit
- **Cerumen removal**
- Control of epistaxis (anterior and posterior packing)
- Ear irrigation and wick placement
- Effectively establish a chronic pain contract
- **EKG interpretation**
- Endotracheal intubation with laryngoscope and with fiberoptic scope and airway management including Heimlich maneuver,
bag-mask ventilation, oral endotracheal intubation in children and adults including rapid-sequence intubation, Laryngeal Mask Airway (LMA), esophageal obturator airway, needle thoracentesis and tube thoracostomy

- Evaluate opioid abuse risk using a validated screening tool
- FB removal for ear, nose, skin
- Fecal occult testing
- Fluoroscein and Wood’s light exam of eye
- Glasgow Coma Scale
- Initiation and management of mechanical ventilation
- Interpret allergy testing – skin, RAST vs ImmunoCap
- Interpret PFTs and Peak Flow
- Intraoperative skills – Preparation and draping of operative field, First assist at major surgery, Basic use of surgical instruments, Incision and dissection, Exposure and retraction, Hemostasis, Estimation of blood loss, Fluid replacement, Wound closure, Technique selection (ligature, staples, adhesives), Suture selection, Drains, Dressings
- Intraosseous line placement
- IV sedation – infant, child and adult
- Local and topical anesthesia including regional and digital nerve blocks
- Lumbar puncture – infant, pediatric, and adult
- Microscopic evaluation of skin scrapings, vaginal smears (fern test, vaginal pH, KOH, wet prep), urinalysis
- Mini Mental Examination
- Needle aspiration and biopsy technique
- NG and OG tube placement and gastric lavage
- Observe a sleep study and interpret, including use of CPAP
- Observe an EEG
- Observe bone marrow biopsy
- Observe cardiac catheterization and stent placement
- Observe chest tube insertion
- Observe colonoscopy
- Observe cricothyroidotomy
- Observe EGD
- Observe epidural or facet joint injections
- Observe laryngoscopy
- Observe liver biopsy
- Observe muscle and nerve biopsy
- Observe NCV and EMG
- Obtain Informed consent
- **Office microscopy**
- **Office spirometry**
- Paracentesis
- Perform a House call
- Perform anoscopy
- Perform Nursing home visit
- **Peripheral and Central IV insertion and use** – peds and adult – including venous cutdown, central line placement and assessment of central venous placement, jugular, femoral and subclavian, Swan–Ganz cathether use and interpretation
- Peritoneal lavage
- Postoperative care – Suture removal. Dressing changes, Drain management and removal
- Properly interpret urine toxicology screening tests
- Recognition of need for emergent surgical techniques – Cricothyroidotomy, Needle thoracostomy, Pericardiocentesis
- Stress test interpretation
- Thoracentesis
- **Urethral catheter insertion**
- Use an interpreter effectively
OPHTHO

Direct ophthalmoscopy
Fluorescein staining of the cornea
Ocular motor testing
**Removal of corneal foreign body from the eye** and rust rings
Slit-lamp examination
Tonometry
Visual acuity testing
Visual field testing

PEDS SPECIFIC

Administer and Interpret hearing and vision screening exams
Infant bladder cath including suprapubic
Infant circumcision with analgesia
Interpret Connors and other ADHD scales
Intraosseous IV access
Neonatal resuscitation including Apgar
Perform infant, child lumbar puncture
Plot and interpret growth chart
Umbilical artery catheterization

DERM

**Biopsy of skin** – punch, excisional, shave
**Cryosurgery** of warts, AK
**Curretage of skin lesion**
**Excision of subcutaneous lesions**
**Foreign body removal** – including tick, fish-hook and ring removal
Genital wart destruction
Incision and drainage of abscess
Laceration repair including local anesthesia/block and dressing placement
Skin tag removal
Subungual hematoma evacuation
Toenail removal – complete and partial with destruction techniques
Use of radiofrequency unit
Wound debridement

GYN

Breast cyst aspiration (FNA)
Colposcopy with biopsy
Cryosurgery and cautery for benign disease
Cryotherapy of cervix?
Diaphragm counseling and fitting
ECC
Endometrial biopsy
Intrauterine device insertion and removal
Irrigation and drainage of Bartholin cyst
Microscopic diagnosis of urine and vaginal smears
Nexplanon insertion and removal
Pap smear
Pessary and Estring insertion and removal
Removal of cervical polyp
Subcutaneous implant insertion and removal
Vaginal foreign body removal
Vulvovaginal biopsy
Active management of the third stage of labor
Amnioinfusion
Assessment of estimated fetal weight by Leopold’s maneuvers
Assessment of pelvic adequacy with pelvimetry
Dilation and curettage for incomplete abortion
Emergency breech delivery
Episiotomy
First assisting at cesarean delivery
Induction and augmentation of labor including artificial rupture of membranes
Limited obstetric ultrasound (fetal position, amniotic fluid index, placental location, cardiac activity)
Management of common intrapartum problems (e.g., malpresentation, unanticipated shoulder dystocia, manual removal of placenta)
Management of labor with accurate assessment of cervical progress and fetal presentation and lie
Neonatal resuscitation
Performance and interpretation of non-stress tests and stress tests
Placement of fetal scalp electrode
Placement of intravascular pressure catheter
Pudendal and local block anesthesia
Repair of episiotomies and lacerations (including third-degree)
Spontaneous cephalic delivery
Vacuum extraction
Vaginal delivery after previous cesarean delivery
Procedures required for graduation are listed in blue. We make every effort to expose residents to other procedures as listed above.

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